



**EVOLUTION**

**SOCCKER**

**AL WAJBA**

**GIRLS ONLY SOCCKER**

**TRAINING SCHEDULES**

# AGE GUIDE



## AGE GROUP

## AGE AS OF SEPT 1ST 2022

**UNDER 10**

**8 - 9 YEARS OLD**

**UNDER 12**

**10 - 11 YEARS OLD**

**UNDER 14**

**12 - 13 YEARS OLD**

**UNDER 16**

**14 - 15 YEARS OLD**

**YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.**

**PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).**

**PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.**

# AL WAJBA GIRLS ONLY SOCCER



## TERM 3

TEAM	SUNDAY	MONDAY	WEDNESDAY	THURSDAY
UNDER 10 LIONESSES	4.30 - 5.45PM			4.30 - 5.45PM
UNDER 12 LIONESSES	5.45 - 7.00PM			5.45 - 7.00PM
UNDER 12 PUMAS	5.45 - 7.00PM			5.45 - 7.00PM
UNDER 15 LIONESSES		6.00 - 7.00PM	6.00 - 7.00PM	
UNDER 15 PUMAS		6.00 - 7.00PM	6.00 - 7.00PM	

**\*PLEASE NOTE; ALL SESSIONS WILL TAKE PLACE OUTSIDE ON THE DC AW 3G PITCH**