

**EV**



# **EVOLUTION SOCCER SEK**

**TRAINING SCHEDULES**

# AGE GUIDE



## AGE GROUP

## AGE AS OF SEPT 1ST 2022

**UNDER 8**

**6 - 7 YEARS OLD**

**UNDER 10**

**8 - 9 YEARS OLD**

**UNDER 12**

**10 - 11 YEARS OLD**

**UNDER 14**

**12 - 13 YEARS OLD**

**UNDER 16**

**14 - 15 YEARS OLD**

**UNDER 18**

**16 - 18 YEARS OLD**

**YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.**

**PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).**

**PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.**

# SEK SOCCER SCHOOL



## TERM 2 (2ND JANUARY - 15TH APRIL)

| TEAM          | MONDAY        | TUESDAY       | FRIDAY         | SATURDAY        |
|---------------|---------------|---------------|----------------|-----------------|
| UNDER 8 REDS  |               | 4.00 - 5.15PM | 8.00 - 9.15AM  |                 |
| UNDER 8 BLUES | 4.00 - 5.15PM |               |                | 8.00 - 9.15AM   |
| UNDER 10 REDS |               | 5.15 - 6.30PM | 9.15 - 10.30AM |                 |
| UNDER 12 REDS | 5.15 - 6.30PM |               |                | 9.15 - 10.30AM  |
| UNDER 15 REDS | 6.30 - 7.45PM |               |                | 10.30 - 11.45AM |

**\*PLEASE NOTE; ALL SESSIONS WILL TAKE PLACE OUTSIDE ON THE SEK 3G PITCH**