

**EV**



# **EVOLUTION SOCCER SEK**

**TRAINING SCHEDULES**

# AGE GUIDE



## AGE GROUP

## AGE AS OF SEPT 1ST 2022

**UNDER 8**

**6 - 7 YEARS OLD**

**UNDER 10**

**8 - 9 YEARS OLD**

**UNDER 12**

**10 - 11 YEARS OLD**

**UNDER 14**

**12 - 13 YEARS OLD**

**UNDER 16**

**14 - 15 YEARS OLD**

**UNDER 18**

**16 - 18 YEARS OLD**

**YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.**

**PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).**

**PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.**

# SEK SOCCER SCHOOL



## TERM 2 (2ND JANUARY - 15TH APRIL)

TEAM	MONDAY	TUESDAY	FRIDAY	SATURDAY
UNDER 8 REDS		4.00 - 5.15PM	8.00 - 9.15AM	
UNDER 10 REDS		5.15 - 6.30PM	9.15 - 10.30AM	
UNDER 12 REDS	4.00 - 5.15PM			8.00 - 9.15AM
UNDER 14 REDS	5.15 - 6.30PM			9.15 - 10.30AM
UNDER 16 REDS	6.30 - 7.45PM			10.30 - 11.45AM

**\*PLEASE NOTE; ALL SESSIONS WILL TAKE PLACE OUTSIDE ON THE SEK 3G PITCH**