



EVOLUTION

SOCCKER

AL WAJBA

GIRLS ONLY SOCCKER

TRAINING SCHEDULES

AGE GUIDE



AGE GROUP

AGE AS OF SEPT 1ST 2022

UNDER 10

8 - 9 YEARS OLD

UNDER 12

10 - 11 YEARS OLD

UNDER 14

12 - 13 YEARS OLD

UNDER 16

14 - 15 YEARS OLD

YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.

PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.

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TERM 2 (2ND JANUARY - 15TH APRIL)

TEAM	SUNDAY	MONDAY	WEDNESDAY	THURSDAY
UNDER 10 LIONESSES	4.00 - 5.15PM			4.00 - 5.15PM
UNDER 12 LIONESSES	5.15 - 6.30PM			5.15 - 6.30PM
UNDER 12 PUMAS	5.15 - 6.30PM			5.15 - 6.30PM
UNDER 15 LIONESSES		5.30 - 6.30PM	5.30 - 6.30PM	
UNDER 15 PUMAS		5.30 - 6.30PM	5.30 - 6.30PM	

***PLEASE NOTE; ALL SESSIONS WILL TAKE PLACE OUTSIDE ON THE DC AW 3G PITCH**