

EV



EVOLUTION SOCCER SEK

TRAINING SCHEDULES

AGE GUIDE



AGE GROUP

AGE AS OF SEPT 1ST 2022

UNDER 8

6 - 7 YEARS OLD

UNDER 10

8 - 9 YEARS OLD

UNDER 12

10 - 11 YEARS OLD

UNDER 14

12 - 13 YEARS OLD

UNDER 16

14 - 15 YEARS OLD

UNDER 18

16 - 18 YEARS OLD

YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.

PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.

SEK SOCCER SCHOOL



TERM 1 - PART 2 (2ND OCTOBER - 19TH NOVEMBER)

TEAM	MONDAY	TUESDAY	FRIDAY	SATURDAY
UNDER 8 REDS		4.00 - 5.15PM	*8.00 - 9.00AM	
UNDER 10 REDS		5.15 - 6.30PM	*9.00 - 10.00AM	
UNDER 12 REDS	4.00 - 5.15PM			*8.00 - 9.15AM
UNDER 14 REDS	5.15 - 6.30PM			*9.15 - 10.30AM
UNDER 16 REDS	6.30 - 7.45PM			*10.30 - 11.45AM

***PLEASE NOTE; THE SESSION WILL TAKE PLACE INDOORS IN THE SEK SPORTS HALL**