



# **LITTLE BALLERS**

## **SEK**

### **TRAINING SCHEDULES**

# AGE GUIDE



## AGE GROUP

## AGE AS OF SEPT 1ST 2022

UNDER 3

2 - 3 YEARS OLD

UNDER 4

3 - 4 YEARS OLD

UNDER 5

4 - 5 YEARS OLD

UNDER 6

5 - 6 YEARS OLD

**YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.**

**PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).**

**PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.**

# LITTLE BALLERS

## SEK



## TERM 1 - PART 2 (2ND OCTOBER - 19TH NOVEMBER)

TEAM	SUNDAY	WEDNESDAY
UNDER 5 REDS	*4.15 - 5.15PM	*4.15 - 5.15PM
UNDER 6 REDS	*5.15 - 6.15PM	*5.15 - 6.15PM

**\*PLEASE NOTE; ALL SESSIONS WILL TAKE PLACE INDOORS IN THE SEK SPORTS HALL**