

EV



**EVOLUTION
SWIMMING
AL WAJBA**

TRAINING SCHEDULES

LEARN TO SWIM



SUNDAY AND WEDNESDAY

LITTLE SPLASHERS	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 1	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 2	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 3	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 4	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 5	3.30 - 4.15PM	4.15 - 5.00PM	-
LEVEL 6	3.30 - 4.30PM	-	5.30-6.30PM
LEVEL 7	-	4.30 - 5.30PM	-

LEARN TO SWIM



MONDAY AND THURSDAY

LITTLE SPLASHERS	3.30 - 4.15PM	4.15 - 5.00PM	-
LEVEL 1	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 2	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 3	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 4	-	4.15 - 5.00PM	5.00-5.45PM
LEVEL 5	3.30 - 4.15PM	-	5.00-5.45PM
LEVEL 6	3.30 - 4.30PM	-	5.30-6.30PM
LEVEL 7	-	4.30 - 5.30PM	-

LEARN TO SWIM



	TUESDAY	SATURDAY
LITTLE SPLASHERS	3.30 - 4.15PM	7.30 - 8.15AM
LEVEL 1	3.30 - 4.15PM	7.30 - 8.15AM
LEVEL 2	4.30 - 5.15PM	8.30 - 9.15AM
LEVEL 3	4.30 - 5.15PM	8.30 - 9.15AM
LEVEL 4	4.30 - 5.15PM	8.30 - 9.15AM