



# EVOLUTION

# SWIMMING

# PARK HOUSE

**TRAINING SCHEDULES**

# LEARN TO SWIM



## MONDAY AND THURSDAY

LEVEL	SESSION TIME
LITTLE SPLASHERS	3.30 - 4.00PM
LITTLE SPLASHERS	4.30 - 5.00PM
LEVEL 1	4.00 - 4.30PM
LEVEL 2	3.30 - 4.00PM
LEVEL 2	4.30 - 5.00PM
LEVEL 3	5.00 - 5.30PM
LEVEL 3	4.00 - 4.30PM
LEVEL 4/5	5.00 - 5.45PM