

EV



**EVOLUTION
SWIMMING
AL WAJBA**

TRAINING SCHEDULES

LEARN TO SWIM



SUNDAY AND WEDNESDAY

LITTLE SPLASHERS	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 1	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 2	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 3	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 4	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 5	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 6	3.30 - 4.30PM		5.30-6.30PM
LEVEL 7		4.30 - 5.30PM	

LEARN TO SWIM



MONDAY AND THURSDAY

LITTLE SPLASHERS	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 1	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 2	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 3	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 4	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 5	3.30 - 4.15PM	4.15 - 5.00PM	5.00-5.45PM
LEVEL 6	3.30 - 4.30PM		5.30-6.30PM
LEVEL 7		4.30 - 5.30PM	