

**EV**



**EVOLUTION  
NETBALL  
DESS**

**TRAINING SCHEDULES**

# AGE GUIDE



## AGE GROUP

## AGE AS OF SEPT 1ST 2023

**UNDER 7**

**5-6 YEARS OLD**

**UNDER 9**

**7- 8 YEARS OLD**

**UNDER 11**

**9-10 YEARS OLD**

**YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2023.**

**PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2023/2024 SEASON (MUCH LIKE SCHOOL GRADES).**

**PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.**

# DEVELOPMENT



TEAM	MONDAY	WEDNESDAY
UNDER 7 SIRENS	3.30- 4.30 PM	3.30- 4.30 PM
UNDER 9 STARS	4.30 - 5.30 PM	4.30 - 5.30 PM
UNDER 11 MAGIC	4.30 - 5.30 PM	4.30 - 5.30 PM