



# EVOLUTION NETBALL

# DOHA ENGLISH SPEAKING SCHOOL

**TRAINING SCHEDULES**

# AGE GUIDE



## AGE GROUP

## AGE AS OF SEPT 1ST 2023

**UNDER 9**

**7 - 8 YEARS OLD**

**UNDER 11**

**9 - 10 YEARS OLD**

**UNDER 13**

**11 - 12 YEARS OLD**

**UNDER 15**

**13 - 14 YEARS OLD**

**UNDER 19**

**15 - 18 YEARS OLD**

**YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2023.**

**PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2023/2024 SEASON (MUCH LIKE SCHOOL GRADES).**

**PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.**

# DEVELOPMENT



TEAM	MONDAY	WEDNESDAY
UNDER 9 STARS	4.30 - 5.30 pm	4.30 - 5.30 pm
UNDER 11 MAGIC	4.30 - 5.30 pm	4.30 - 5.30 pm
UNDER 13 PULSE	4.30 - 5.30 pm	4.30 - 5.30 pm
YOUTH (13 YEARS +) SIRENS	4.30 - 5.30 pm	4.30 - 5.30 pm