

**EV**



**EVOLUTION  
NETBALL  
AL WAJBA**

**TRAINING SCHEDULES**

# AGE GUIDE



## AGE GROUP

## AGE AS OF SEPT 1ST 2022

**UNDER 9**

**6 - 8 YEARS OLD**

**UNDER 11**

**9-10 YEARS OLD**

**UNDER 13**

**11 - 12 YEARS OLD**

**UNDER 15**

**13 - 14 YEARS OLD**

**UNDER 19**

**15-18 YEARS OLD**

**YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.**

**PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).**

**PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.**

# DEVELOPMENT



TEAM	SUNDAY	TUESDAY	WEDNESDAY	THURSDAY
UNDER 9 ROSES	4.30 - 5.45 PM	-	-	4.30 - 5.45 PM
UNDER 11 FEVER	4.30 - 5.45 PM	-	-	4.30 - 5.45 PM
UNDER 11 STEEL	-	4.30 - 5.45 PM	-	4.30 - 5.45 PM
UNDER 13 JETS	4.30 - 5.45 PM	-	-	5.45 - 7.00 PM
UNDER 13 GIANTS	-	4.30 - 5.45 PM	-	5.45 - 7.00 PM
UNDER 15 LIGHTENING	4.30 - 5.45 PM	-	-	5.45 - 7.00 PM
UNDER 15 FIREBIRDS	-	4.30 - 5.45 PM	-	5.45 - 7.00 PM
UNDER 19 DIAMONDS	5.45 - 7.00 PM	-	LEAGUE MATCH	-