

EV



**EVOLUTION
NETBALL
AL WAJBA**

TRAINING SCHEDULES

AGE GUIDE



AGE GROUP

AGE AS OF SEPT 1ST 2022

UNDER 8

6 - 7 YEARS OLD

UNDER 10

8 - 9 YEARS OLD

UNDER 12

10 - 11 YEARS OLD

UNDER 14

12 - 13 YEARS OLD

YOUTH

14 - 18 YEARS OLD

YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.

PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.

DEVELOPMENT



TERM 1 PART 2

SUNDAY 2ND OCTOBER - SATURDAY 19TH NOVEMBER

TEAM	SUNDAY	TUESDAY	THURSDAY
UNDER 9 ROSES	4.00 - 5.15PM	-	4.00 - 5.15PM
UNDER 11 FEVER	4.00 - 5.15PM	-	4.00 - 5.15PM
UNDER 11 STEEL	-	4.00 - 5.15PM	4.00 - 5.15PM
UNDER 13 JETS	5.15 - 6.30PM	-	5.30 - 6.45PM
UNDER 13 GIANTS	-	4.00 - 5.15PM	5.30 - 6.45PM

DEVELOPMENT



TERM 1 PART 2

SUNDAY 2ND OCTOBER - SATURDAY 19TH NOVEMBER

TEAM	SUNDAY	TUESDAY	WEDNESDAY	THURSDAY
UNDER 15 LIGHTENING	5.15 - 6.30PM	-	-	5.15 - 6.30PM
UNDER 15 FIREBIRDS	-	5.15 - 6.30PM	-	4.00 - 5.15PM
UNDER 19 DIAMONDS	6.30 - 7.45PM	-	NETBALL LEAGUE FIXTURE	-
UNDER 19 PULSE	-	5.15 - 6.30PM	-	4.00 - 5.15PM