



EVOLUTION NETBALL ACADEMY

TRAINING SCHEDULES

AGE GUIDE



AGE GROUP

AGE AS OF SEPT 1ST 2022

UNDER 8

6 - 7 YEARS OLD

UNDER 10

8 - 9 YEARS OLD

UNDER 12

10 - 11 YEARS OLD

UNDER 14

12 - 13 YEARS OLD

YOUTH

14 - 18 YEARS OLD

YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.

PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.

ACADEMY



TERM 2

TEAM	SUNDAY	MONDAY	WEDNESDAY	FRIDAY
UNDER 13 STORM	-	4.00 - 5.30PM	LEAGUE FIXTURE TBC	7.30 - 9.30AM
UNDER 15 VIXENS	-	4.00 - 5.30PM	LEAGUE FIXTURE TBC	7.30 - 9.30AM
UNDER 19 SWIFTS	4.00 - 5.30PM	LEAGUE FIXTURE TBC	-	7.30 - 9.30AM
UNDER 19 THUNDER	5.30 - 7.00PM	LEAGUE FIXTURE TBC	-	7.30 - 9.30AM