



EVOLUTION SOCCER ACADEMY

TRAINING SCHEDULES

AGE GUIDE



AGE GROUP

AGE AS OF SEPT 1ST 2022

UNDER 8

6 - 7 YEARS OLD

UNDER 10

8 - 9 YEARS OLD

UNDER 12

10 - 11 YEARS OLD

UNDER 14

12 - 13 YEARS OLD

YOUTH

14 - 18 YEARS OLD

YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.

PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.

PRE ACADEMY PHASE



TERM 1 PART 2

SUNDAY 2ND OCTOBER - SATURDAY 19TH NOVEMBER

TEAM	SUN	TUE	THU
2016 ACADEMY	16:00 - 17:00 DC AL WAJBA	16:00 - 17:00 DC AL WAJBA	16:00 - 17:00 DC AL WAJBA
2015 ACADEMY	16:00 - 17:00 DC AL WAJBA	16:00 - 17:00 DC AL WAJBA	16:00 - 17:00 DC AL WAJBA

FOUNDATION PHASE



TERM 1 PART 2

SUNDAY 2ND OCTOBER - SATURDAY 19TH NOVEMBER

TEAM	SUN	TUE	THU
2014 ACADEMY (A)	16:30 - 18:00 DC AL WAJBA	16:45 - 18:00 DC AL WAJBA	17:00 - 18:00 DC AL WAJBA
2014 ACADEMY (B)	16:45 - 18:00 DC AL WAJBA	16:30 - 18:00 DC AL WAJBA	17:00 - 18:00 DC AL WAJBA
2013 ACADEMY (A)	16:30 - 18:00 DC AL WAJBA	16:45 - 18:00 DC AL WAJBA	17:00 - 18:00 DC AL WAJBA
2013 ACADEMY (B)	16:45 - 18:00 DC AL WAJBA	16:30 - 18:00 DC AL WAJBA	17:00 - 18:00 DC AL WAJBA

YOUTH PHASE



TERM 1 PART 2

SUNDAY 2ND OCTOBER - SATURDAY 19TH NOVEMBER

TEAM	MON	WED	SAT
2012 ACADEMY (A)	15:30 - 17:00 DC AL WAJBA	15:45 - 17:00 DC AL WAJBA	16:00 - 17:00 DC AL WAJBA
2012 ACADEMY (B)	15:45 - 17:00 DC AL WAJBA	15:30 - 17:00 DC AL WAJBA	16:00 - 17:00 DC AL WAJBA
2011 ACADEMY (A)	15:30 - 17:00 DC AL WAJBA	15:45 - 17:00 DC AL WAJBA	16:00 - 17:00 DC AL WAJBA
2011 ACADEMY (B)	15:45 - 17:00 DC AL WAJBA	15:30 - 17:00 DC AL WAJBA	16:00 - 17:00 DC AL WAJBA
2010/2009 ACADEMY (A) & (B)	16:30 - 18:00 DC AL WAJBA	16:45 - 18:00 DC AL WAJBA	17:00 - 18:00 DC AL WAJBA
2010/2009 ACADEMY (C)	16:45 - 18:00 DC AL WAJBA	16:30 - 18:00 DC AL WAJBA	17:00 - 18:00 DC AL WAJBA

YOUTH PHASE



TERM 1 PART 2

SUNDAY 2ND OCTOBER - SATURDAY 19TH NOVEMBER

TEAM	MON	WED	SAT
2008/2007 ACADEMY (A) & (B)	17:30 - 19:00 DC AL WAJBA	17:45 - 19:00 DC AL WAJBA	18:00 - 19:00 DC AL WAJBA
GIRLS ACADEMY (A) & (B)	17:45 - 19:00 DC AL WAJBA	17:30 - 19:00 DC AL WAJBA	18:00 - 19:00 DC AL WAJBA

PROFESSIONAL PHASE



TERM 1 PART 2

SUNDAY 2ND OCTOBER - SATURDAY 19TH NOVEMBER

TEAM	SUN	TUE	THU
YOUTH ACADEMY (A) & (B)	17:45 - 19:30 DC AL WAJBA	18:00 - 19:00 DC AL WAJBA	17:30 - 19:30 DC AL WAJBA

GOALKEEPING



TERM 1 PART 2

SUNDAY 2ND OCTOBER - SATURDAY 19TH NOVEMBER

TEAM	THU
2014 -2011 GKS	16:00 - 17:00 DC AL WAJBA
2010-YOUTH GKS	17:00 - 18:00 DC AL WAJBA