

**EV**



# EVOLUTION BASKETBALL

## QIS

### TRAINING SCHEDULES

# AGE GUIDE



## AGE GROUP

## AGE AS OF SEPT 1ST 2022

**UNDER 8**

**6 - 7 YEARS OLD**

**UNDER 10**

**8 - 9 YEARS OLD**

**UNDER 12**

**10 - 11 YEARS OLD**

**UNDER 14**

**12 - 13 YEARS OLD**

**UNDER 16**

**14 - 15 YEARS OLD**

**UNDER 18**

**16 - 18 YEARS OLD**

**YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2022.**

**PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2022/2023 SEASON (MUCH LIKE SCHOOL GRADES).**

**PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.**

# EVO BASKETBALL



## TERM 1

**(2ND OCTOBER - 19TH NOVEMBER)**

<b>TEAM</b>	<b>MONDAY</b>	<b>THURSDAY</b>
<b>UNDER 6 LITTLE BOUNCERS</b>	<b>4.00 - 5.00PM</b>	<b>4.00 - 5.00PM</b>
<b>UNDER 9 DEVELOPMENT</b>	<b>5.00 - 6.00PM</b>	<b>5.00 - 6.00PM</b>
<b>UNDER 11 DEVELOPMENT</b>	<b>6.00 - 7.00PM</b>	<b>6.00 - 7.00PM</b>

**\*PLEASE NOTE; THE SESSION WILL TAKE PLACE INDOORS**