

EV



**EVOLUTION
SOCCER
AL WAJBA**

TRAINING SCHEDULES

AGE GUIDE



AGE GROUP

AGE AS OF SEPT 1ST 2023

UNDER 8

6 - 7 YEARS OLD

UNDER 10

8 - 9 YEARS OLD

UNDER 12

10 - 11 YEARS OLD

UNDER 14

12 - 13 YEARS OLD

UNDER 16

14 - 15 YEARS OLD

UNDER 18

16 - 17 YEARS OLD

YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2023.

PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2023/2024 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.

AL WAJBA SOCCER SCHOOL



TERM 1 - PART 2 (29TH OCTOBER - 23RD DECEMBER)

TEAM	SUNDAY	FRIDAY
UNDER 8 LIONS, TIGERS, CHEETAHS & PANTHERS	*5.15 - 6.15PM	8.00 - 9.15AM
UNDER 10 LIONS, TIGERS, CHEETAHS, PANTHERS & LEOPARDS	*6.15 - 7.15PM	9.15 - 10.30AM

***PLEASE NOTE; SUNDAYS SESSIONS WILL GO TO 4.00-5.15PM (U8'S) & 5.15-6.30PM (U10'S)
FROM SUNDAY 26TH NOVEMBER**

AL WAJBA SOCCER SCHOOL



TERM 1 - PART 2 (29TH OCTOBER - 23RD DECEMBER)

TEAM	TUESDAY	WEDNESDAY	SATURDAY
UNDER 12 CHEETAHS & PANTHERS		4.00 - 5.15PM	8.00 - 9.15AM
UNDER 12 LIONS & TIGERS		5.15 - 6.30PM	8.00 - 9.15AM
UNDER 14 B1 & B2	4.00 - 5.15PM		9.15 - 10.30AM
UNDER 14 A1 & A2	5.15 - 6.30PM		9.15 - 10.30AM

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TERM 1 - PART 2 (29TH OCTOBER - 23RD DECEMBER)

TEAM	MONDAY	THURSDAY
UNDER 16 B1 & A2	4.00 - 5.15PM	4.00 - 5.15PM
UNDER 16 A1	5.15 - 6.30PM	5.15 - 6.30PM
UNDER 18 A1	5.15 - 6.30PM	5.15 - 6.30PM