



LITTLE BALLERS

AL WAJBA

TRAINING SCHEDULES

AGE GUIDE



AGE GROUP

AGE AS OF SEPT 1ST 2023

UNDER 3

2 - 3 YEARS OLD

UNDER 4

3 - 4 YEARS OLD

UNDER 5

4 - 5 YEARS OLD

UNDER 6

5 - 6 YEARS OLD

YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2023.

PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2023/2024 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.

UNDER 3 AL WAJBA **LITTLE BALLERS**



TERM 1

(27TH AUGUST - 23RD DECEMBER)

TEAM	SATURDAY
UNDER 3 TIGERS	*8.00 - 8.45AM

***SESSIONS WILL TAKE PLACE INDOORS IN THE DC PRIMARY DINING HALL**

****SESSIONS WILL TAKE PLACE OUTDOORS ON THE DC 3G PITCH**

UNDER 4 AL WAJBA

LITTLE BALLERS



TERM 1

(27TH AUGUST - 23RD DECEMBER)

TEAM	MONDAY	TUESDAY	FRIDAY	SATURDAY
UNDER 4 LIONS	*4.00 - 4.45PM		**9.00 - 9.45AM	
UNDER 4 TIGERS		*4.00 - 4.45PM		*9.00 - 9.45AM

***SESSIONS WILL TAKE PLACE INDOORS IN THE DC PRIMARY DINING HALL**

****SESSIONS WILL TAKE PLACE OUTDOORS ON THE DC 3G PITCH**

UNDER 5 AL WAJBA

LITTLE BALLERS



TERM 1

(27TH AUGUST - 23RD DECEMBER)

TEAM	MONDAY	TUESDAY	FRIDAY	SATURDAY
UNDER 5 LIONS	*4.00 - 5.00PM		**9.00 - 10.00AM	
UNDER 5 TIGERS		*5.00 - 6.00PM		*10.00 - 11.00AM
UNDER 5 CHEETAHS		*4.00 - 5.00PM		*9.00 - 10.00AM

***SESSIONS WILL TAKE PLACE INDOORS IN THE DC PRIMARY DINING HALL**

****SESSIONS WILL TAKE PLACE OUTDOORS ON THE DC 3G PITCH**

UNDER 6 AL WAJBA LITTLE BALLERS



TERM 1

(27TH AUGUST - 23RD DECEMBER)

TEAM	MONDAY	TUESDAY	FRIDAY	SATURDAY
UNDER 6 LIONS	*5.00 - 6.00PM		**10.00 - 11.00AM	
UNDER 6 CHEETAHS	*5.00 - 6.00PM		**10.00 - 11.00AM	
UNDER 6 TIGERS		*5.00 - 6.00PM		*10.00 - 11.00AM

***SESSIONS WILL TAKE PLACE INDOORS IN THE DC PRIMARY DINING HALL**

****SESSIONS WILL TAKE PLACE OUTDOORS ON THE DC 3G PITCH**