



# EVOLUTION SOCCER ACADEMY TRAINING SCHEDULES

2021/2022 SEASON

# EVOLUTION SOCCER - AGE GUIDE

AGE GROUP	AGE AS OF SEPT 1ST 2021	GUIDE
UNDER 7	6 YEARS OLD	MAY TURN 7 THROUGHOUT THE YEAR
UNDER 8	7 YEARS OLD	MAY TURN 8 THROUGHOUT THE YEAR
UNDER 9	8 YEARS OLD	MAY TURN 9 THROUGHOUT THE YEAR
UNDER 10	9 YEARS OLD	MAY TURN 10 THROUGHOUT THE YEAR
UNDER 11	10 YEARS OLD	MAY TURN 11 THROUGHOUT THE YEAR
UNDER 12	11 YEARS OLD	MAY TURN 12 THROUGHOUT THE YEAR
UNDER 14	12 OR 13 YEARS OLD	MAY TURN 13 OR 14 THROUGHOUT THE YEAR
UNDER 16	14,15 OR 16 YEARS OLD	MAY TURN 15 OR 16 THROUGHOUT THE YEAR

YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2021.

PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2021/2022 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.



# EVOLUTION SOCCER ACADEMY

## PRE AND FOUNDATION PHASE SCHEDULE

TEAM	SUN	MON	TUE	WED	THU	FRI	SAT
U7 ACADEMY	16:30 - 17:30 DC AL WAJBA		16:30 - 17:30 DC AL WAJBA		16:30 - 17:30 DC AL WAJBA		
U8 ACADEMY	16:30 - 17:30 DC AL WAJBA		16:30 - 17:30 DC AL WAJBA		16:30 - 17:30 DC AL WAJBA		
U9 ACADEMY	17:30 - 18:30 DC AL WAJBA		17:30 - 18:30 DC AL WAJBA		17:30 - 18:30 DC AL WAJBA		
U10 ACADEMY	17:30 - 18:30 DC AL WAJBA		17:30 - 18:30 DC AL WAJBA		17:30 - 18:30 DC AL WAJBA		



# EVOLUTION SOCCER ACADEMY

## YOUTH PHASE SCHEDULE

TEAM	SUN	MON	TUE	WED	THU	FRI	SAT
U11 ACADEMY		16:30 - 17:45 DC AL WAJBA		16:30 - 17:45 DC AL WAJBA			16:30 - 17:30 DC AL WAJBA
U12 ACADEMY		16:30 - 17:45 DC AL WAJBA		16:30 - 17:45 DC AL WAJBA			16:30 - 17:30 DC AL WAJBA
U13 ACADEMY		17:45 - 19:00 DC AL WAJBA		17:45 - 19:00 DC AL WAJBA			17:30 - 18:30 DC AL WAJBA
U14 ACADEMY		17:45 - 19:00 DC AL WAJBA		17:45 - 19:00 DC AL WAJBA			17:30 - 18:30 DC AL WAJBA
U14 ACADEMY GIRLS ONLY		17:45 - 19:00 DC AL WAJBA		17:45 - 19:00 DC AL WAJBA			17:30 - 18:30 DC AL WAJBA



# EVOLUTION SOCCER ACADEMY

## PROFESSIONAL PHASE SCHEDULE

TEAM	SUN	MON	TUE	WED	THU	FRI	SAT
U15 ACADEMY	18:30 - 20:00 DC AL WAJBA		18:30 - 20:00 DC AL WAJBA				16:30 - 17:30 DC AL WAJBA
U16 ACADEMY	18:30 - 20:00 DC AL WAJBA		18:30 - 20:00 DC AL WAJBA		18:30 - 19:30 DC AL WAJBA		
U18 ACADEMY	18:30 - 20:00 DC AL WAJBA		18:30 - 20:00 DC AL WAJBA		18:30 - 19:30 DC AL WAJBA		
U18 ACADEMY GIRLS ONLY	18:30 - 20:00 DC AL WAJBA		18:30 - 20:00 DC AL WAJBA		18:30 - 19:30 DC AL WAJBA		



# EVOLUTION SOCCER ACADEMY

## GOALKEEPING SCHEDULE

TEAM	SUN	MON	TUE	WED	THU	FRI	SAT
U9 - U12 ACADEMY	16:30 - 17:30 DC AL WAJBA						
U13 - U18 ACADEMY	17:30 - 18:30 DC AL WAJBA						

