

A netball player in a red and white uniform is captured mid-air, jumping to catch a netball. The player is wearing a red jersey with white and black accents and white shorts. The netball is held high above her head with both hands. The background is a solid pink color with several white diagonal lines scattered across it.

EVOLUTION NETBALL TRAINING SCHEDULES

2020/2021 SEASON

EVOLUTION NETBALL - AGE GUIDE

AGE GROUP	AGE AS OF SEPT 1ST 2020	GUIDE
UNDER 7	5 - 6 YEARS OLD	MAY TURN 7 THROUGHOUT THE YEAR
UNDER 9	7 -8 YEARS OLD	MAY TURN 9 THROUGHOUT THE YEAR
UNDER 11	9 -10 YEARS OLD	MAY TURN 11 THROUGHOUT THE YEAR
UNDER 13	11 - 12 YEARS OLD	MAY TURN 13 THROUGHOUT THE YEAR
UNDER 15	13 - 14 YEARS OLD	MAY TURN 15 THROUGHOUT THE YEAR
UNDER 17	15 - 16 YEARS OLD	MAY TURN 17 THROUGHOUT THE YEAR
UNDER 19	17 - 18 YEARS OLD	MAY TURN 19 THROUGHOUT THE YEAR

YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2020.

PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2020/2021 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.



EVOLUTION NETBALL - PARK HOUSE

TEAM	WEDNESDAY	SATURDAY
U7	3.30 - 4.30 NETBALL COURTS	8.00 - 9.00 NETBALL COURTS
U9	5.00 - 6.00 NETBALL COURTS	9.30 - 10.30 NETBALL COURTS
U11	6.30 - 7.30 NETBALL COURTS	11.00 - 12.00 NETBALL COURTS

PARKHOUSE NETBALL COURTS ARE LOCATED NEXT TO THE OUTDOOR PITCH. NETBALL COURTS ARE SHADED AND HAVE MISTED FANS AROUND THE COURT SIDE.



EVOLUTION NETBALL - AL WAJBA

TEAM	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
U7 STORM	3.30 - 4.30 SPORTS HALL				3.30 - 4.30 SPORTS HALL
U9 ORYX	5.00 - 6.00 SPORTS HALL				5.00 - 6.00 SPORTS HALL
U9 STARS		5.00 - 6.00 SPORTS HALL			4.00 - 5.00 MUGA COURT 1
U11 FEVER	4.00 - 5.00 MUGA COURT 2		4.00 - 5.00 MUGA COURT 2		
U11 MAGIC	4.00 - 5.00 MUGA COURT 1		4.00 - 5.00 MUGA COURT 1		
U13 MYSTICS		4.00 - 5.00 MUGA COURT 1		4.00 - 5.00 MUGA COURT 1	



EVOLUTION NETBALL - AL WAJBA

TEAM	SUNDAY	TUESDAY	THURSDAY	FRIDAY
U13 JETS	5.30 - 6.30 MUGA COURT 2			8.00 - 9.00 MUGA COURT 1
U15 SIRENS		5.30 - 6.30 MUGA COURT 1		9.30 - 10.30 MUGA COURT 2
U15 LIGHTENING		5.30 - 6.30 MUGA COURT 2	4.00 - 5.00 MUGA COURT 2	
U15 VIXENS	5.30 - 6.30 MUGA COURT 1		5.30 - 6.30 MUGA COURT 1	
U17 WASPS		7.00 - 8.00 MUGA COURT 2	5.30 - 6.30 MUGA COURT 2	
U17 SWIFTS	7.00 - 8.00 MUGA COURT 2		7.00 - 8.00 MUGA COURT 2	
U19 THUNDER	7.00 - 8.00 MUGA COURT 1		7.00 - 8.00 MUGA COURT 1	

