



# EVOLUTION ACADEMY

# TRAINING SCHEDULES

2020/2021 SEASON



AGE GROUP	AGE AS OF SEPT 1ST 2020	GUIDE
UNDER 7	6 YEARS OLD	MAY TURN 7 THROUGHOUT THE YEAR
UNDER 8	7 YEARS OLD	MAY TURN 8 THROUGHOUT THE YEAR
UNDER 9	8 YEARS OLD	MAY TURN 9 THROUGHOUT THE YEAR
UNDER 10	9 YEARS OLD	MAY TURN 10 THROUGHOUT THE YEAR
UNDER 11	10 YEARS OLD	MAY TURN 11 THROUGHOUT THE YEAR
UNDER 12	11 YEARS OLD	MAY TURN 12 THROUGHOUT THE YEAR
UNDER 14	12 OR 13 YEARS OLD	MAY TURN 13 OR 14 THROUGHOUT THE YEAR
UNDER 16	14,15 OR 16 YEARS OLD	MAY TURN 15 OR 16 THROUGHOUT THE YEAR

**YOUR CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2020.**

**PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2020/2021 SEASON (MUCH LIKE SCHOOL GRADES).**

**PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACHES DISCRETION.**

**EVOLUTION ACADEMY - AGE GUIDE**



TEAM	SUNDAY	TUESDAY	THURSDAY
U7 ACADEMY	16:00 - 17:00 AL EGLA	16:00 - 17:00 AL EGLA	16:00 - 17:00 AL EGLA
U8 ACADEMY	16:00 - 17:00 AL EGLA	16:00 - 17:00 AL EGLA	16:00 - 17:00 AL EGLA

EVOLUTION ACADEMY - PRE ACADEMY PHASE



TEAM	SUNDAY	TUESDAY	THURSDAY
U9 ACADEMY	17:30 - 18:30 AL EGLA	17:30 - 18:30 AL EGLA	17:30 - 18:30 AL EGLA
U10 ACADEMY	17:30 - 18:30 AL EGLA	17:30 - 18:30 AL EGLA	17:30 - 18:30 AL EGLA

EVOLUTION ACADEMY - FOUNDATION PHASE



TEAM	MONDAY	WEDNESDAY	SATURDAY
U11 ACADEMY	16:00 - 17:00 AL EGLA	16:00 - 17:00 AL EGLA	16:00 - 17:00 AL EGLA
U12 ACADEMY	16:00 - 17:00 AL EGLA	16:00 - 17:00 AL EGLA	16:00 - 17:00 AL EGLA
U13 ACADEMY	17:30 - 18:30 AL EGLA	17:30 - 18:30 AL EGLA	17:30 - 18:30 AL EGLA
U14 ACADEMY	17:30 - 18:30 AL EGLA	17:30 - 18:30 AL EGLA	17:30 - 18:30 AL EGLA

EVOLUTION ACADEMY - YOUTH PHASE



TEAM	SUNDAY	TUESDAY	THURSDAY
U15 ACADEMY	19:00 - 20:00 AL EGLA	19:00 - 20:00 AL EGLA	19:00 - 20:00 AL EGLA
U16 ACADEMY	19:00 - 20:00 AL EGLA	19:00 - 20:00 AL EGLA	19:00 - 20:00 AL EGLA
U18 ACADEMY	19:00 - 20:00 AL EGLA	19:00 - 20:00 AL EGLA	19:00 - 20:00 AL EGLA

EVOLUTION ACADEMY - PROFESSIONAL PHASE



TEAM	FRIDAY
U9 & U10 ACADEMY GKS	16:00 - 17:00 DOHA COLLEGE AL WAJBA
U11,U12, U13 & U14 ACADEMY GKS	17:30 - 18:30 DOHA COLLEGE AL WAJBA
U15, U16 & U18 ACADEMY GKS	19:00 - 20:00 DOHA COLLEGE AL WAJBA

EVOLUTION ACADEMY - GOALKEEPERS